

Q1 JAN - MARCH		Q2 APRIL - JUNE		Q3 JULY - SEPT		Q4 OCT - DEC	
Saturday, 1 January 2022	New Years Day	Sunday, 3 April 2022	Murray Bridge Adventurethon	Sunday, 3 July 2022	GR - TBA	Sunday, 2 October 2022	
Sunday, 2 January 2022		Sunday, 3 April 2022	SARRC - Clare Half Marathon	Sunday, 3 July 2022	Gold Coast Marathon TBC?	Sunday, 2 October 2022	TRSA Race #4
Saturday, 8 January 2022		Saturday, 9 April 2022	USSA - Irrational South (6th-10th)	Saturday, 9 July 2022	USSA - Ultra Adelaide	Monday, 3 October 2022	LABOUR DAY HOLIDAY
Sunday, 9 January 2022	GR - Sun Run	Sunday, 10 April 2022	TRSA - Five Peaks	Sunday, 10 July 2022	GR - Anstey Hill	Sunday, 9 October 2022	ATR Teams Series Race #3
Saturday, 15 January 2022		Friday, 15 April 2022	ATR Heaps Good Friday Run	Saturday, 16 July 2022		Saturday, 15 October 2022	GR - Victory Harbor
Sunday, 16 January 2022	ATR Summer Series Race #3 - Belair	Saturday, 16 April 2022	EASTER SATURDAY	Sunday, 17 July 2022	ATR Teams Series Race #2	Sunday, 16 October 2022	SARRC - McLaren Vale Half
Saturday, 22 January 2022		Sunday, 17 April 2022	EASTER SUNDAY	Sunday, 24 July 2022	Cape to Bay (Ben H)	Saturday, 22 October 2022	USSA - Heysen
Sunday, 23 January 2022		Monday, 18 April 2022	EASTER MONDAY	Sunday, 24 July 2022	SARRC - Hills to Henley	Sunday, 23 October 2022	
Tuesday, January 25th 2022	GR - TBA	Saturday, 23 April 2022		Friday, 29 July 2022	ATR Melrose Running Festival	Saturday, 29 October 2022	
Saturday, 29 January 2022		Sunday, 24 April 2022	ATR Punkt Zu Punt - Barossa Valley	Saturday, 30 July 2022	ATR Melrose Running Festival	Sunday, 30 October 2022	Murray Bridge Marathon
Sunday, 30 January 2022	ATR Teams Series Race #1	Monday, 25 April 2022	ANZAC DAY	Sunday, 31 July 2022	ATR Melrose Running Festival	Saturday, 5 November 2022	GR - Hero Run
Saturday, 5 February 2022		Sunday, 1 May 2022	McLaren Vale Marathon 1st or 8th?	Saturday, 6 August 2022		Sunday, 6 November 2022	TRSA Championships
Sunday, 6 February 2022	GR - City Run	Sunday, 1 May 2022	SARRC - Greenbelt	Sunday, 7 August 2022	TRSA Race #2	Friday, 11 November 2022	USSA Hysterical Carnage Ultra
Saturday, 12 February 2022		Wednesday, 4 May 2022	GR	Saturday, 13 August 2022	Federation Ultra (Murray Bridge)	Saturday, 12 November 2022	USSA Hysterical Carnage Ultra
Sunday, 13 February 2022	SARRC - Dolphin Run	Saturday, 7 May 2022		Sunday, 14 August 2022	Federation Ultra (Murray Bridge)	Sunday, 13 November 2022	SARRC - Glenelg Classic (5 & 10km)
Saturday, 19 February 2022		Sunday, 8 May 2022	McLaren Vale Marathon 1st or 8th?	Saturday, 20 August 2022	S.O.S. 500km Stage Race (20th-28th)	Saturday, 19 November 2022	
Sunday, 20 February 2022	ATR Summer Series Race #4 - Onkaparinga	Saturday, 14 May 2022		Sunday, 21 August 2022	S.O.S. 500km Stage Race (20th-28th)	Sunday, 20 November 2022	ATR Summer Series Race #1
Friday, 25 February 2022	GR - Star Run	Sunday, 15 May 2022	Salisbury.Run (Half Marathon)	Sunday, 21 August 2022	SARRC - Adelaide Marathon	Saturday, 26 November 2022	
Saturday, 26 February 2022	GR - Moon Run	Sunday, 15 May 2022	Coastal Marathon	Saturday, 27 August 2022	S.O.S. 500km Stage Race (20th-28th)	Sunday, 27 November 2022	GR - Run to Wynn
Sunday, 27 February 2022	GR - Cosmos run	Sunday, 15 May 2022	UTA (Blue Mountains, NSW)	Sunday, 28 August 2022	Wonderland (Halls Gap, Vic)	Saturday, 3 December 2022	
Saturday, 5 March 2022	USSA - Belair Marathon	Sunday, 15 May 2022	Adelaide 100 (Ben H)	Sunday, 28 August 2022	GR - Antsy for Anstey	Sunday, 4 December 2022	GR - Reindeer Run
Sunday, 6 March 2022		Saturday, 21 May 2022		Sunday, 4 September 2022	TRSA Race #3	Saturday, 10 December 2022	SARRC - Xmas Fun Run
Saturday, 12 March 2022	GR - River Run	Sunday, 22 May 2022		Saturday, 10 September 2022	GR - Barossa Run	Sunday, 11 December 2022	ATR Summer Series Race #2
Sunday, 13 March 2022	SARRC - Team Relay (4 x 5km)	Saturday, 28 May 2022	Cleland Festival of Run	Sunday, 11 September 2022	Paingana (Ben H)	Saturday, 17 December 2022	
Monday, 14 March 2022	ADELAIDE CUP HOLIDAY	Sunday, 29 May 2022	SARRC - Barossa Marathon	Saturday, 17 September 2022		Sunday, 18 December 2022	
Saturday, 19 March 2022		Saturday, 4 June 2022		Sunday, 18 September 2022		Saturday, 24 December 2022	Xmas Eve
Sunday, 20 March 2022	ATR Summer Series Race #5 - Cleland	Sunday, 5 June 2022	TRSA Race #1	Saturday, 24 September 2022		Sunday, 25 December 2022	Xmas Day
Saturday, 26 March 2022		Saturday, 11 June 2022		Sunday, 25 September 2022	SARRC - Yurrebilla		
Sunday, 27 March 2022	Conquer the Summit (Mt. Barker)	Sunday, 12 June 2022	Summit to Sea (Ben H)				
		Monday, 13 June 2022	QUEENS BIRTHDAY				
		Saturday, 18 June 2022		Adelaide Trail Runners (ATR)		SARRC	
		Sunday, 19 June 2022	Worlds End 100 (Ben H)	TRSA		Interstate Events	
		Sunday, 19 June 2022	Tower Trail Run (Mt Gambier)	Ultra Series SA (USSA)		MMI (Murray Bridge)	
		Sunday, 26 June 2022	Pichi Richi Marathon (Pt Augusta)	Ultra Hard Series (Ben H)		GoodRunnings (GR)	